

Injuries from new Olympic sports were common in Tokyo

PARIS:

According to new research released Wednesday, athletes participating in the newly added Olympic sports of BMX freestyle, karate, and skateboarding experienced some of the highest rates of injuries at the Tokyo Games. Olympic fans can buy [Olympic BMX Racing Tickets](#) from our website.

The 2020 Summer Olympics were moved to 2021 owing to the Covid-19 outbreak, and the three new events were among the top five with the most injuries.



According to a study done by researchers from the International Olympic Committee, boxing and BMX racing had the highest incidence of injuries, with 27% of athletes getting hurt in each sport (IOC).

According to the study, which was published in the British Journal of Sports Medicine, the new event of BMX freestyle came in second with 22% of its competitors injured, followed by skateboarding with 21% and karate with 19%. Fewer injuries were sustained in other new events, such as sport climbing (15%), surfing (13%), and 3x3 basketball (11%).

Torbjorn Soligard, the study's lead author and a member of the IOC's medical and scientific division, told AFP that "it is crucial to note that more than half

the documented injuries did not contribute to any time missed from the competition."

Since the 2008 Beijing Games, IOC experts have kept track of illnesses and injuries in every Olympics. Injuries were reported to more than 11,300 athletes representing 206 national teams while they were being examined in Tokyo.

Overall, nine percent of competitors were injured in Tokyo, which is close to eight percent in the 2016 Summer Olympics in Rio de Janeiro, eleven percent at the 2012 Summer Olympics in London, and ten percent in Beijing.



With 3.9 illnesses per 100 athletes, Tokyo had the lowest rate of illness ever seen at an Olympics (under rigorous Covid-19 guidelines), compared to 5.4 in Rio and 7.2 in London.

The study's authors speculated that this may be largely attributable to the substantial countermeasures implemented to attenuate Covid-19, which successfully decreased transmission of Covid-19 and all respiratory illnesses.

Less than 0.2% of the athletes successfully caught Covid.

According to a separate study, newly introduced sports were also among the most injury-prone at the Tokyo Paralympics, with taekwondo and badminton being among the top four for highest rates.

The number of Paralympians injured in Tokyo was eight percent, down from the 12 percent recorded during the Rio and London Games, but the injuries were more serious, according to the researchers.

Queensland and New Zealand have been granted the Oceania Cycling Championships.

The Brisbane and Toowoomba, Queensland, as well as Rotorua, New Zealand, will host the 2023 Oceania Cycling Championships in March and April. Between March 19 and April 2, Queensland will host competitions for track, road, mountain bike, and BMX freestyle cyclists. On April 16, Rotorua will feature BMX racing.

The Oceania Championships switched to a combined format last year, with the bulk of the disciplines being held in Australia this time around.

Brisbane recently hosted the Australian Track National Championships since 2017, a round of the UCI Track World Cup, the International Cycling Union (UCI) BMX Freestyle World Cup, track cycling at the Gold Coast 2018 Commonwealth Games, and the UCI Track World Cup. Olympic fans can buy [Olympic Tickets](#) from our website.



Brisbane will host the track, road, BMX freestyle, and mountain bike cross-country competitions, while Toowoomba will hold the mountain bike downhill championships. Oceania Cycling Confederation President Tony Mitchell remarked, "The UCI and Oceania Cycling Confederation are thrilled to bring the Oceania Championships back to Brisbane and Queensland in 2023."

"This year's inaugural combined Oceania Championships were a great success, featuring some of our region's top athletes in three weeks of thrilling competition." The Queensland Government, through Tourism and Events Queensland and AusCycling, is thanked by the Oceania Cycling Confederation for once again hosting the Championships.

As part of a joint hosting arrangement between Australia and New Zealand, the BMX racing sport will be held in Rotorua. Track, including Para track cycling, is planned to take place from March 24 to 28. Mountain biking cross country is slated to begin the Championships on March 19.

BMX freestyle is slated on March 26 during that period, while road racing is scheduled for March 31 and April 1.



The Toowoomba mountain bike downhill is scheduled for April 1 and 2.

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UCI releases the 2023 BMX World Cup schedule.

Turkey will serve as the starting location for the 2023 International Cycling Union (UCI) BMX Cycling World Cup, which will end in Argentina. The competition schedule for 2019 has been made public, and the first race is scheduled to start on June 3 in Sakarya, a city 150 kilometers to the east of Istanbul.

A track that hosted the final four races of the 2021 circuit will hold two rounds of racing. After that, the competitors travel to Papendal, Netherlands, for two additional races that begin on June 24. The World Cycling Championships in Glasgow, where BMX racing is scheduled to start on August 6, cause the circuit to take a pause.

On September 23 and 24, the World Cup circuit will resume with rounds five and six at Sarrians in France's Provence-Alpes-Côte d'Azur area. Sarrians hosted the European Cycling Union BMX Championships there from 2019 to 2021, however, this will be the first World Cup BMX event there.

Santiago del Estero in Argentina will host two weekends of racing as the campaign comes to a close. From 2013 through 2019, the city served as the venue for UCI BMX World Cup competitions.

The final two races of the season are scheduled for the weekend of October 14, and rounds seven and eight are scheduled for the weekend of October 7 in the 2023 schedule. In 2022, Sylvain Andre of France won the men's competition, while Laura Smulders of the Netherlands led the women's standings.

The "best 14 results within the qualification period" are to be used in determining the rankings for Paris 2024, according to the Olympic qualification procedure.

- August: Paris 2024 acceptances total more than 200
- Hockey Oceania Cup, New Zealand, date to be determined

- IFSC World Championships, August 1-12, Bern, Switzerland: speed, boulder, and lead
 - Glasgow, Scotland will host the UCI World Championships for BMX racing, mountain biking, road cycling, road cycling time trials, and BMX freestyle from August 3-13.
 - African Games, Accra, Ghana, August 4-19
 - Sailing Worlds, The Hague, Netherlands, 10-20 August
 - 11-20 August: WSL Tahiti Pro Surfing
 - Shooting World Championships, 14-31 August; venue to be determined
 - Triathlon and paratriathlon test event on Pont Alexandre III, August 17-20.
 - Eurohockey championships, August 18-27, Moenchengladbach, Germany
 - World Modern Pentathlon Championships, August 21, Bath, United Kingdom
 - World Championships in rhythmic gymnastics, Valencia, Spain, 21-27
 - FIBA Men's Basketball World Cup, Indonesia, Japan, and the Philippines, 25 August to 10 September
 - 28 August: One year till the Paralympic Games in Paris in 2024
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